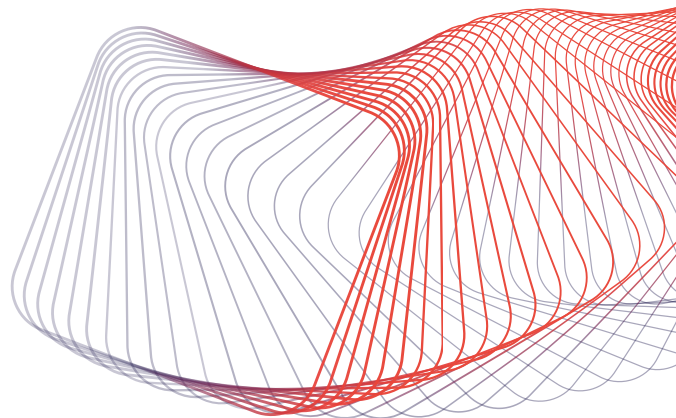
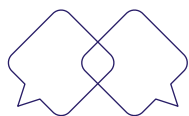


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# 1. Class languages

- How many languages do you know?
- How did you learn them?
- What do you use them for?

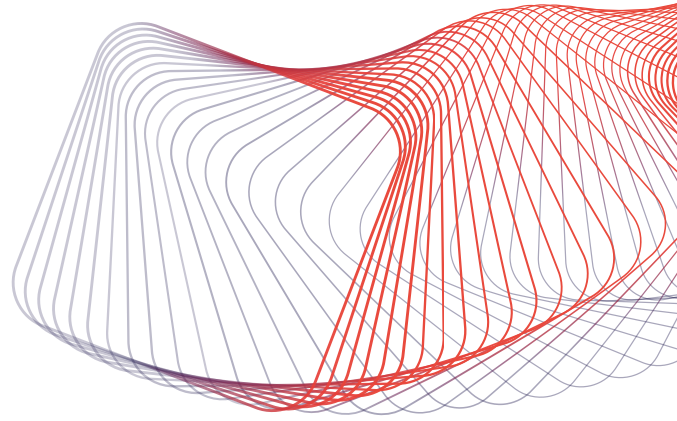
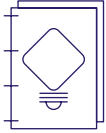
**Complete the table below.**

Language	I learnt/am learning it....	I use it to...
English		

Share your answers with your group and discuss the questions:

- Which languages do you have in common? Did you learn them in the same way?
- Do you use English for doing the same things?
- What would you like to be better at doing in English? How might you do this?
- Do you like learning new languages? Why or why not?
- What other new languages would you like to learn? Why?

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## 2. Benefits of being multilingual

Being multilingual means having the ability to speak, understand, read, or write in more than one language. This proficiency can vary from basic conversational skills to advanced fluency in each language. Being multilingual doesn't necessarily mean equal proficiency in all languages; a person might be more fluent in one language than others.

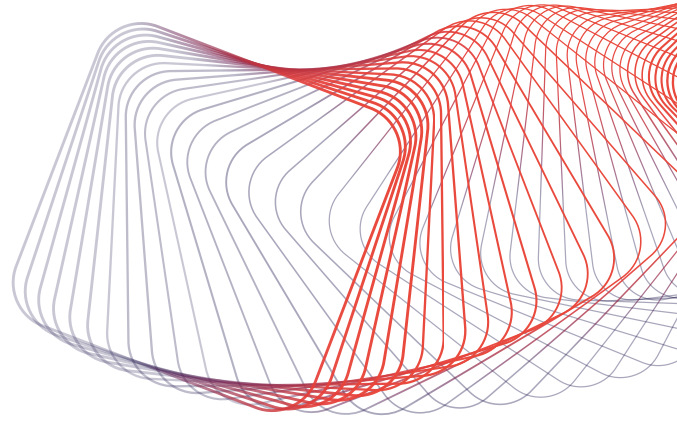
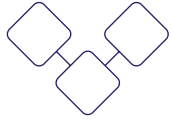
- What are some benefits of being multilingual?

- Read the introduction to the article and check your ideas.

Being multilingual offers numerous advantages across cognitive, cultural, and professional domains. Beyond the practical benefits of improved language acquisition and career opportunities, multilingualism contributes to enhanced cognitive abilities, including cognitive flexibility and delayed cognitive aging. It fosters an appreciation for cultural diversity, enabling individuals to connect with different traditions and perspectives while cultivating a stronger sense of cultural identity. Multilingual individuals often exhibit increased confidence, as they navigate various linguistic contexts, and enjoy broader personal development through travel, social integration, and exposure to diverse experiences.

- Which ones did you come up with? Can you enhance them using language from the text?

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## 3. Using translation

- Translate your allocated section into another language you know well.

### **Enhanced Language Acquisition:**

Multilingual individuals possess a unique advantage when it comes to acquiring new languages. The knowledge of multiple languages helps them identify patterns, grammar structures, and vocabulary similarities across languages. This linguistic awareness allows for faster comprehension and a deeper understanding of the new language's structure and nuances.

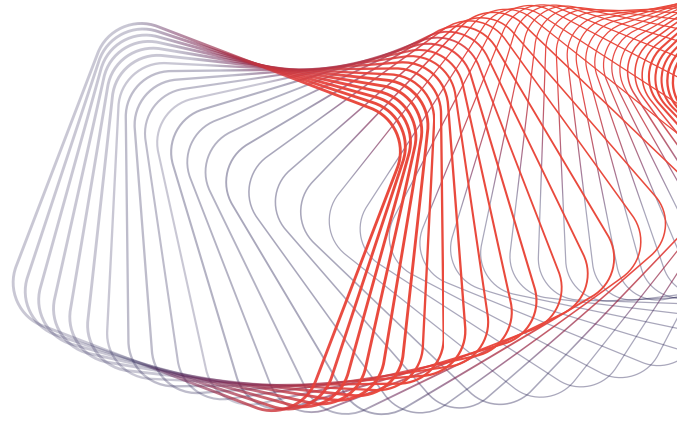
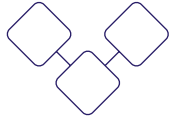
### **Cognitive Benefits:**

The practice of multilingualism has been linked to improved cognitive abilities. Research suggests that multilingual individuals exhibit enhanced memory, problem-solving skills, and cognitive flexibility. Learning and switching between different languages stimulate the brain, promoting mental agility and adaptability. Language learners can leverage these cognitive benefits to further enhance their language acquisition and overall cognitive abilities.

### **Cultural Understanding:**

Multilingualism fosters cultural understanding and empathy. By learning multiple languages, advanced learners gain insights into different cultures, traditions, and perspectives. Language is a gateway to understanding a society's values, history, and customs. The ability to communicate in someone's native language not only facilitates meaningful connections but also demonstrates respect and appreciation for their culture.

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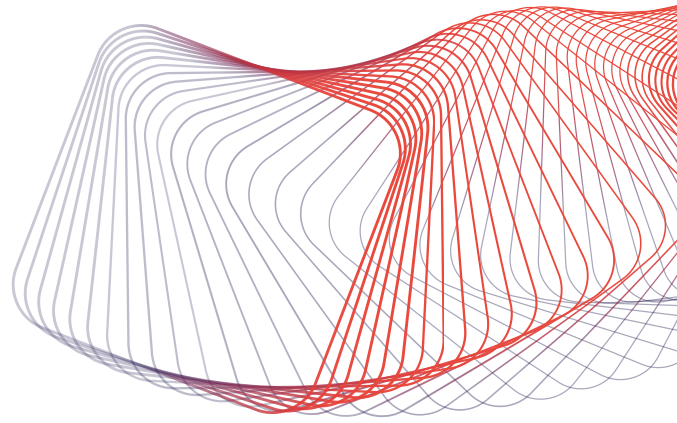
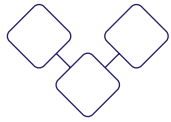
## 3. Using translation

**Professional Opportunities:**

In today's interconnected world, multilingualism is highly valued in various professional fields. Language learners with proficiency in multiple languages have a competitive edge in the job market. They can access a wider range of career opportunities, interact with diverse clientele, and bridge cultural gaps in international business settings. Multilingualism opens doors to global collaborations, international assignments, and a greater understanding of global affairs.

**My translation**

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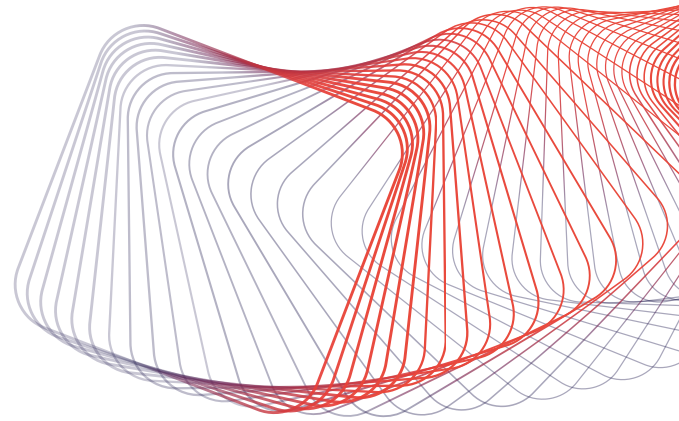
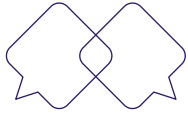


## 3. Using translation

- Using your translation as reference, summarise your section in English to your group.
- As you listen to others, make notes on the other three benefits of multilingualism

- Which benefit resonates most with you?

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## 4. Discuss

- How challenging/ easy did you find the translation tasks?
- Any words/phrases in English that were challenging to translate into another language? Why might that be?
- How often do you use translation as a tool for learning languages?
- How can using other languages (e.g. translating) be beneficial for language learning?
- Are there any drawbacks?

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## 5. Reflection

Complete the sentences below to reflect on your learning from the lesson.

- I really enjoyed...
- I found it challenging to...
- Something interesting I learned was...

What are you taking away from this lesson to use in the future?